

Six Can Chili

Ingredients

- 2 cans condensed tomato soup
 - 1 can diced tomatoes with juices
 - 1 can corn, drained
 - 1 can black beans, drained and rinsed
 - 1 can kidney beans, drained and rinsed
 - 1 lb ground beef
 - 1 tsp chili powder (optional)
- Toppings: Try sliced avocado, shredded cheese, green onion, crushed tortilla chips or fritos

Instructions

1. In a skillet, brown the ground beef.
2. Add the six canned items into a large pot over low heat on the stove, or in a crockpot on high.
3. Add in the ground beef and spices.
4. Allow to simmer for 1-2 hours to allow flavors to meld together.
5. Portion into bowls, top with your preferred toppings, and enjoy!

