



# Breakfast Kit



Prep time: varies

Cook time: varies

Total time: varies

Serves: 4

## Ingredients:

You will need:

- 1 box instant pancake mix
- 1 bag frozen blueberries
- 1 roll ground sausage
- 1 bottle syrup
- 1 peanut butter
- 1 quick oats

Mobile  
Market  
Ingredients

## Cooking Utensils / Appliances:

- Stovetop
- Skillet
- Mixing bowl & utensils

## Blueberry Pancakes

Add the frozen blueberries to pancake batter for blueberry pancakes! Top with syrup.

## Sausage Patties

Slice the ground sausage into short cylinders or form flat rounds by hand. Cook in a skillet over medium heat for 5-6 minutes per side, ensuring that no pink remains in the center when done.

## Peanut Butter Oatmeal

For a protein-boosted version of classic oatmeal, add peanut butter to your bowl after the oats are cooked. Top with blueberries or another favorite fruit.

## Approximate Measurements

