

SOUTH MICHIGAN FOOD BANK
ANNUAL REPORT / 2022



PROVIDED BY:



SOUTH MICHIGAN
FOOD BANK

MEMBER OF
FEEDING AMERICA



— OUR MISSION —

TO ENRICH LIVES
IN OUR COMMUNITY BY ELIMINATING
FOOD INSECURITY

— OUR VALUES —

The role
nutrition
plays in a
just & healthy
community

Diversity &
treating all
with respect,
compassion,
& dignity

Our
community
partnerships

Investing
in our team

Fostering
innovation,
resourcefulness,
& accessibility

Those who
contribute to
feeding our
community

2022 CHALLENGES & HOW WE ADAPTED



Dear valued supporters and community members,

It is with great pleasure that we introduce to you our 2022 annual report. This report highlights the critical work of our Food Bank staff, our amazing volunteers and the incredible 341 distribution partners throughout our eight counties, working together to best support our neighbors who find themselves challenged by food insecurity. We consider South Michigan Food Bank a valuable community resource; particularly given the current challenges of inflation and the growing cost of food, and we consider this report a sincere “Thank You” to all of you who have made these results possible.

Prior to the arrival of COVID, South Michigan Food Bank distributed enough food to provide six million meals annually. In early 2020, we experienced a significant increase in demand. Over the past three years we have distributed more food each year than in any of the prior 38 years of our Food Bank’s existence. Adjusting to change is part of our culture, and 2022 provided new challenges as well. South Michigan Food Bank receives about 40% of our food through the USDA and federal programs. In 2022, because of disruptions we were able to partially off-set this significant decrease in food by partnering with local Michigan farmers and increasing our food purchases. This past year, because of these disruptions and the increasing cost of food, we were still able to distribute 9,750,000 meals!

While we have been able to provide significant amounts of food and remove barriers within our communities, the fight against hunger is far from over. There are still many individuals and families who struggle to put food on the table, and we are committed to doing everything in our power to support them. We will continue to work tirelessly to provide nutrition to those who need it, and to advocate for systemic change to address the root causes of food insecurity.

As you review our annual report, I hope you will take pride in the work that we have accomplished together and feel inspired to continue supporting our efforts, and your investment. Your donations, volunteer hours, and advocacy make all the difference in our ability to combat hunger.

Thank you for your continued support and dedication to our mission. We are honored to have you as a partner in this important work.

Sincerely,

A handwritten signature in black ink, appearing to read 'Peter Vogel'.

Peter Vogel,
CEO of South Michigan Food Bank

A handwritten signature in black ink, appearing to read 'Jim Stockman'.

Jim Stockman,
Chairman of the Board

WHAT WE PROVIDED TOGETHER IN 2022

Total pounds distributed:

11,688,200

Pounds distributed through FFDs:

4,732,021

Pounds of fresh fruits & veggies:

5,054,694

Pounds of food donated:

917,000

Total pounds received
from local Michigan farmers:

526,595

FARM PARTNERSHIPS

We are proud to support local, Michigan farmers. Your support not only feeds your neighbors, but re-invests back into the local community.

We have three major partnerships with Michigan farmers where we contract with these farmers to grow produce for our community.

SMFB farm partnerships:

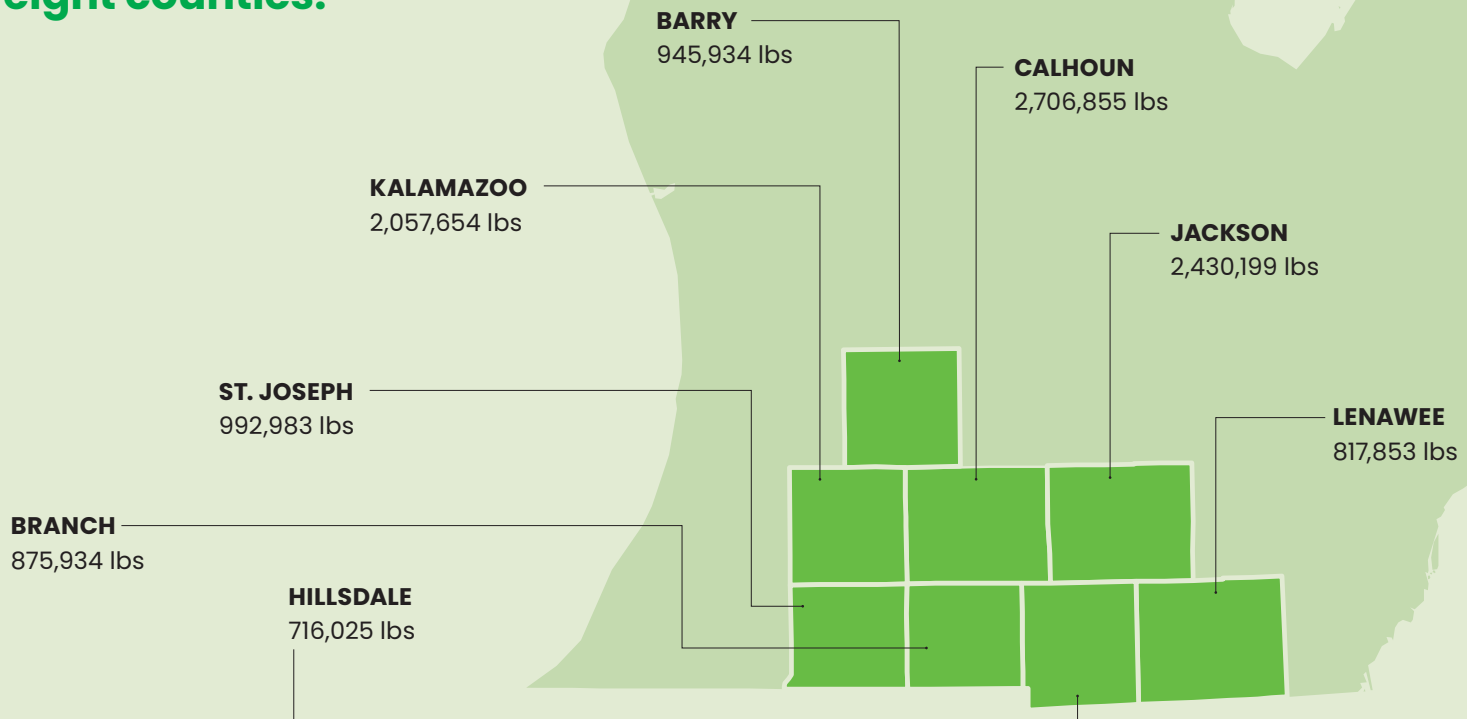
Swift Pumpkins and Produce,
Bronson Farms, Jolo Farms

Produce from local farmers:

Summer Squash, Zucchini,
Green Beans, Green Peppers,
Cucumbers, Eggplant,
Winter Squash, Broccoli,
Cauliflower, Watermelon,
Cantaloupe, Sweet Corn

POUNDS PER COUNTY

In 2022, nearly **11.7 million pounds of food** were distributed throughout our **eight counties**.



TRANSPORTATION & LOGISTICS

Total miles driven:

174,114 MILES

(This equals driving from coast to coast 58 times)

117 YEARS of driving experience between our 6 drivers:

- Gary, 37 years
- Jim, 23 years
- John, 23 years
- Rebecca, 20 years
- Terence, 8 years
- Chris, 6 years

Tailgates delivered:

51

FFDs delivered:

1,186

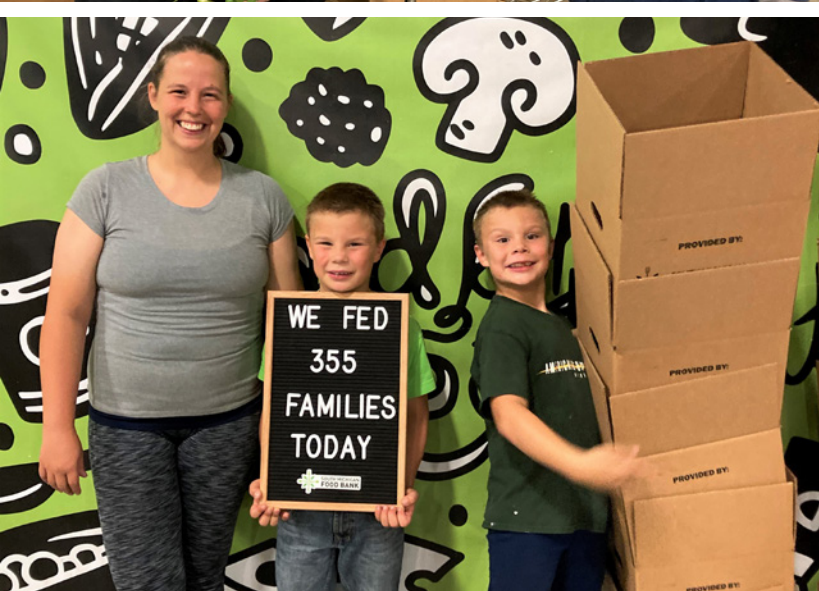


What are Tailgates?

Agencies across the counties, that are far from our warehouse, can place their orders. Our team then loads thousands of pounds of food onto a semi truck or several box trucks and our drivers unload in a central location in that county. The agencies all meet up at that location and South Michigan Food Bank staff loads their vehicles with this order. Tailgates make it easier for agencies farther away from our warehouse to get food without having to drive long distances.

What does FFDs delivered mean?

We deliver boxes to all of our Fresh Food Distribution sites. This is how many times we delivered throughout the year.



VOLUNTEER IMPACT

7

In 2022, our **530 VOLUNTEERS** packed **148,792 BOXES** of fresh food during **1,941 SHIFTS** which totaled **7,081 HOURS** of their time.

Value of our volunteers:
\$205,349 (\$29 per hour/per volunteer)

Volunteers packed:

- › **130,110 FFDs**
- › **9,746 BACKPACKS**
- › **121,000 POUNDS IN CLEAN ROOM**
- › **2,580 CSFP BOXES**

PROGRAM HIGHLIGHTS

FRESH FOOD PHARMACY

What is this program?

- This partnership with Grace Health, the Food Bank Council of Michigan, the Michigan Health Endowment Fund, and South Michigan Food Bank was a pilot project starting in February 2021 through December 2022.
- This initiative with Grace Health, a Federally Qualified Health Center, prescribed fresh food as medicine. Clients diagnosed with a health condition that can be managed with diet (some examples: heart disease, diabetes, pre-diabetes, gestational diabetes, and high blood pressure) were provided access to healthy meal kits and recipes, otherwise inaccessible due to financial barriers, food deserts, or knowledge.
- This pilot program was launched in March of 2021 with one patient and grew to over 300 patients by December 2022.





“I cook a lot more fresh food. So I’ve changed my whole lifestyle, eating from this program. Straight from the refrigerator, straight to the pan, to the stomach.”

–Fresh Food Pharmacy Patient

How does it work?

- A Grace Health Physician would prescribe a patient with food as medicine and register the patient for this nine-month long program.
- Amanda, SMFB’s dietitian, curated these healthy meal kits and recipes. SMFB volunteers packaged the meal kits, and SMFB drivers delivered the boxes right to the patient’s home, eliminating as many barriers as possible.” Patients also had the option to visit SMFB to pick up their box.
- Once per month, each patient received healthy lifestyle coaching from trained Grace Health professionals. These coaches helped patients identify goals and improve their health, troubleshoot cooking challenges, and develop healthy habits that are sustainable beyond the program..

What’s next?

- The preliminary report came back saying that every measured health category saw improvement.
- This pilot program, funded through the Michigan Health Endowment Fund, has received a second round of funding!
- Now, the program is in the process of evaluating the behavior changes, health outcomes, and patient satisfaction so we can identify lessons learned and re-tool the program to greater help our community! We are looking forward to hearing from the evaluators on the success of this program - the preliminary information has shown that patients, across the board, have experienced improved health.
- The second round of the program will last for two years and will tentatively launch in the second half of 2023.

COMMODITIES SUPPLEMENTAL FOOD PROGRAM (C.S.F.P.)

- Our senior neighbors experiencing food insecurity often do so hidden or alone.
- Hunger has negative effects for individuals across the age spectrum, but for seniors, those effects can be particularly problematic. Isolation and shame, and the unique health, economic, and nutritional challenges each person may experience, make hunger even more painful.
- When a senior doesn't have enough to eat, they are more likely to experience depression, asthma, diabetes, congestive heart failure and heart attacks. Nutrition is especially important to support healthy aging, but it's nearly impossible when a senior has to choose between healthy food, high medical costs and other expenses. Add in lack of mobility, and many seniors don't have the means to provide healthy and balanced meals for themselves.
- Many seniors do not have access to food because they live in rural areas or do not have access to transportation to get to a distribution site. In order to reach these seniors, SMFB is bringing food directly to these people.
- We partner with senior centers, the Department of Health and Human Services, and caseworkers to identify seniors in need of food assistance. Once identified, our staff works directly with seniors to get them registered for this program where each person can receive two boxes of food every other month. From there, we bring pallets of food to places like senior apartment complexes, senior centers, senior trailer parks, and other pick-up sites in central locations. This removes any transportation barriers to receiving free food; often the seniors reside right at the distribution site! In addition, we are building a program to home-deliver these boxes to any seniors that still experience barriers to receiving food from a number of distribution sites.
- So far, we have nearly 600 seniors signed up in St. Joseph and Branch Counties in less than one year! As this program grows and we learn best practices, we will have the ability to expand our caseload across the eight counties we serve.

COMMUNITY IMPACT

IN 2022:

The Community Impact team trained all our agencies on our P2 software. This software enables accurate and timely agency pick-up's, invoicing, statements and provides monthly statistics as well; aiding us in growth and forecasting modules. This team also ensures USDA and Feeding America compliance, as well as SMFB standards and civil rights training.

Four new pantries joined our partnerships and we supported our neighbors at many community events in Battle Creek, Kalamazoo, Jackson, Adrian and many others.

We are also giving a voice to those often not seen by being involved on the following boards: Hunger Free Calhoun, Project Connect Kalamazoo, Project Connect St. Joe, Calhoun Connect, local Rotary's, and joining the conversation with the Homeless Commission in Battle Creek.

OUR BOARD

JIM STOCKMAN, Board Chair
*Vice President, HR-Global Supply Chain/
 Global Functions, Kellogg Company*

TAMI PITALE, Board Vice Chair
*Commercial Loan Officer,
 Honor Credit Union*

MARK CLISE, Secretary & Treasurer
*Vice President, Finance,
 Kellogg Company (retired)*

MICHAEL MCFARLEN, Board Member
*Director of Food and Beverage,
 Angel of the Winds Casino Resort*

CHRIS KALLGREN, Board Member
Post Foods (retired)

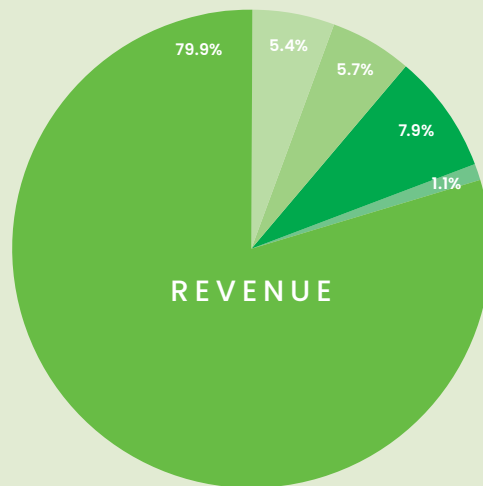
AARON (TY) HAKMAN, Board Member
Plant Manager, Post-Consumer Brands

VICTORIA REESE, Board Member
Consultant

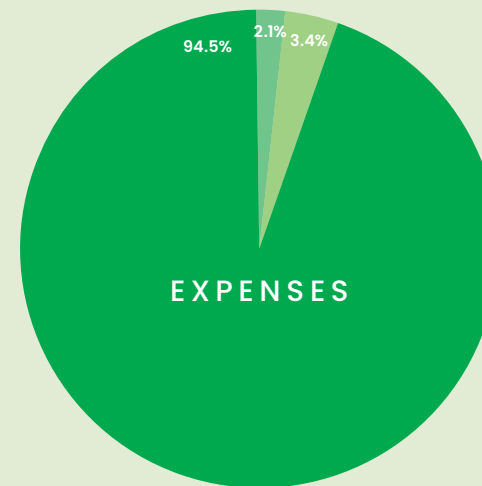
ROD AUTON, Board Member
*Administrator for Albion Health Care
 Alliance and Population Health Alliance,
 Battle Creek Community Foundation*

JASON BEACH, Board Member
*Vice President, Investor Relations,
 Stryker Corporation*

2022 FINANCIALS



NON CASH	\$17,020,110
CONTRIBUTIONS	\$1,153,077
GRANTS	\$1,216,097
HANDLING FEES	\$1,682,471
OTHER	\$224,156
TOTAL REVENUE	\$21,295,911



PROGRAMS	\$21,050,191
FUNDRAISING	\$472,882
ADMINISTRATIVE	\$764,761
TOTAL EXPENSES	\$22,287,834



TOTAL NET ASSETS
\$6,394,175

Note: These are non-audited numbers



— Our part in the movement to end hunger —



**SECURE
DONATIONS**



**ACQUIRE &
MOVE FOOD**



**SAFELY STORE &
DISTRIBUTE FOOD**



**PARTNERS OPEN
THEIR DOORS**



**TOGETHER, WE FEED
THOUSANDS OF PEOPLE**



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